Weekly Update

Respect Responsibility Kindness

Building wisely for life

Friday 9th October 2026

Dear Parents and Carers,

It has been another busy and positive week in school. As always, thank you for your continued support. Please take a moment to read this week's updates and reminders.

Harvest Festival Service

A huge thank you to everyone who joined us for our Harvest Festival Service at St Laurence's Church. It was lovely to hear the children singing so beautifully and reading the prayers. Thank you, too, for your generous donations, which will be taken to Abingdon Foodbank to support those in our local community. We really appreciate your kindness and generosity.

Building Wisely for Life – Responsibility

As we continue to explore our vision, *Building Wisely for Life*, our current value is **responsibility.** Over the next two weeks, we will be thinking about the question: **'How can our choices affect others?'**

During collective worship, we thought carefully about how the choices we make can affect others in both positive and negative ways. We reflected on how, when we choose wisely and act responsibly, even small decisions can make a real difference to the lives of those around us. This is an important message for us all, both in school and beyond.

Consultation on the School Day

A reminder that the consultation regarding the school day closes soon. Thank you to everyone who has taken the time to share their thoughts and views.

At present, the overwhelming majority of responses express a preference for all classes to finish at 3:15pm, while keeping the morning routine as it is. We will share any changes as soon as possible after the consultation period has ended.

Meeting with Our Local Councillors

This week, I met with Councillor Charlie Maynard and District Councillor Mark Coleman and had the opportunity to show them around our school.

One of the issues we discussed was parking at the beginning and end of the school day. We recognise that this can be challenging, and there is no easy solution. However, I would ask everyone to be mindful of the children, other adults and our local community. Please ensure that you park and drive respectfully and responsibly, helping to keep everyone safe and maintain positive relationships with our neighbours.

Thank you for your cooperation and understanding.

Snack Time – Healthy and Sustainable Choices
A quick reminder that breaktime snacks should be small, healthy snacks, such as carrot sticks, a banana or a pot of strawberries.
Please remember that we are a nut-free school, so ensure that all snacks are free from nuts and nut-containing products.
As we continue to think about how we can build a better future for our children, we would also love to see a reduction in snacks brought in single-use plastic packaging. Where possible, please choose reusable containers to help us reduce waste and care for our environment.
Thank you for supporting us in encouraging healthy and responsible choices.

Parent Consultations (Parent-Teacher meeting)
Parent consultations take place next week, and we look forward to meeting with you.
There will be an opportunity to look through your child's books before and/or after your consultation. All books will be available in the hall, while consultations will take place in the classrooms. Please come to the School Office when you arrive so that we can welcome you into school.
At this point in the year, teachers will be able to discuss how your child is settling into school, their learning behaviours and any relevant statutory assessments, such as the Year 4 Multiplication Tables Check.
In Term 2, children in Year 2 and above will complete their first assessments, which will allow us to share more detailed information about their progress in reading, writing and maths.
We hope you find these conversations helpful and informative, and that they provide a valuable opportunity to discuss your child's experiences and development so far this year.

Year 6 - Kilvrough Residential Trip
The Year 6 children along with Miss Pollard and Mrs Bradbrook have enjoyed a wonderful week in the Gower Peninsular, Wales. They have been surfing and caving to name just a couple of the exciting ventures they have experienced. We cannot wait to have them back in school and to hear all about it. Thank you to the staff for enabling this to happen.

Year 2 News
This week, Year 2 are sharing their news with you. I hope you enjoy reading about what they have been learning and getting up to in class!

Thank you, as always, for your continued support and for working in partnership with us to ensure our children thrive.

Have a lovely weekend!

Warm wishes,
Emma King

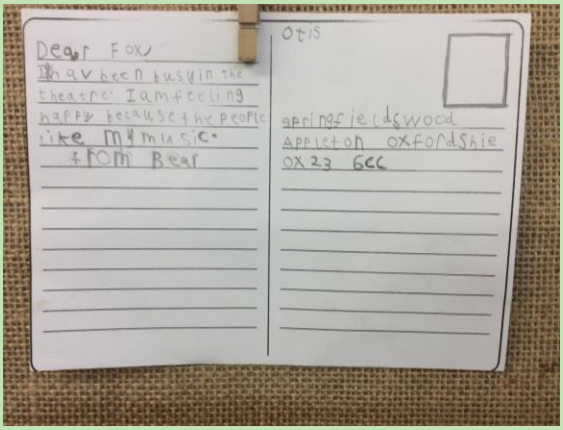
Cherry Class-The Bear and the Piano

This term Cherry Class have been exploring the narrative text type through the book *The Bear and the Piano written by David Litchfield*. We have been working hard to become amazing Year 2 writers, focusing on all aspects of our writing, including developing our handwriting, using the correct sitting position and holding our pencils with the correct grip.

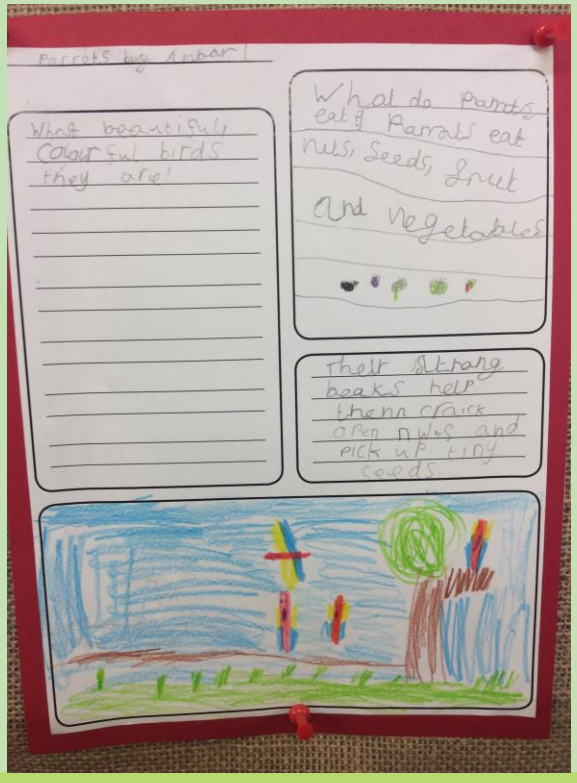
We have explored Bear's thoughts and feelings in the story, as he discovers the piano, teaches himself to play and moves to the city to perform in front of grand audiences. We created postcards from Bear to his friend Fox to let Fox know how Bear had been getting on in his time in the city.

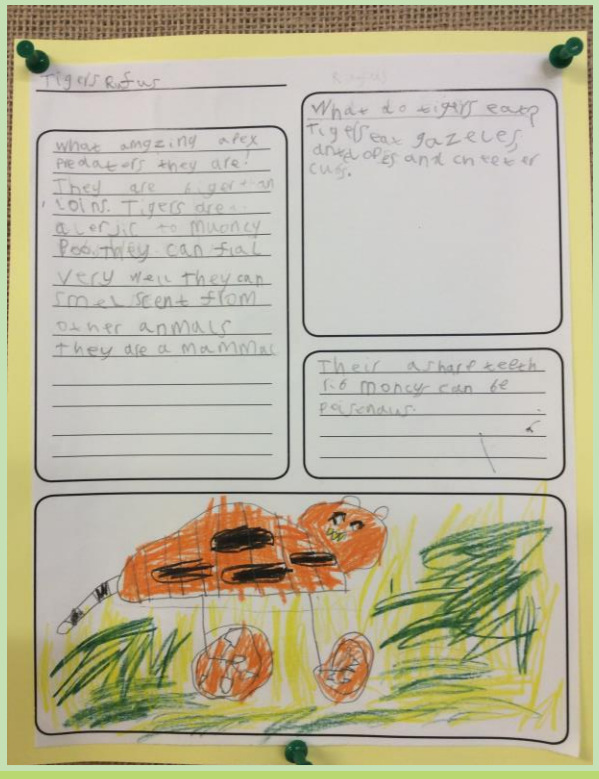
Next, we researched different animals and created our own information posters, using interesting facts to inform our readers. We have also been experimenting with different sentence types and punctuation to make our writing more engaging.
Take a look at some of our fantastic work below! We are now busy publishing our own imaginative stories, inspired by the animals we have researched and their adventures with a musical instrument. We are incredibly proud of the creativity, effort and progress shown by our Year 2 writers!

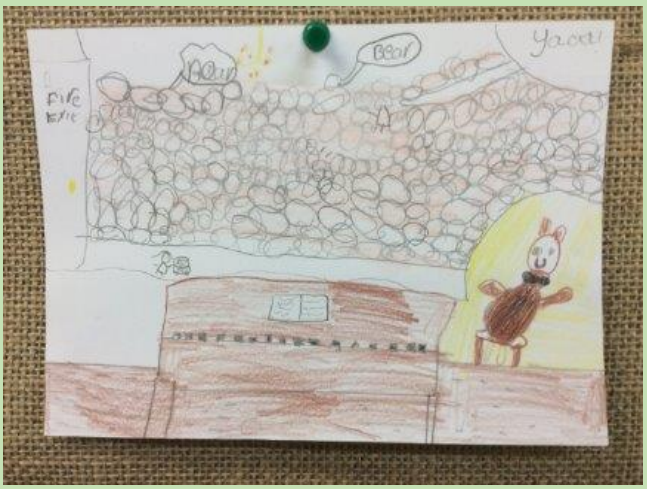
Miss Leggett and Mrs Sebire

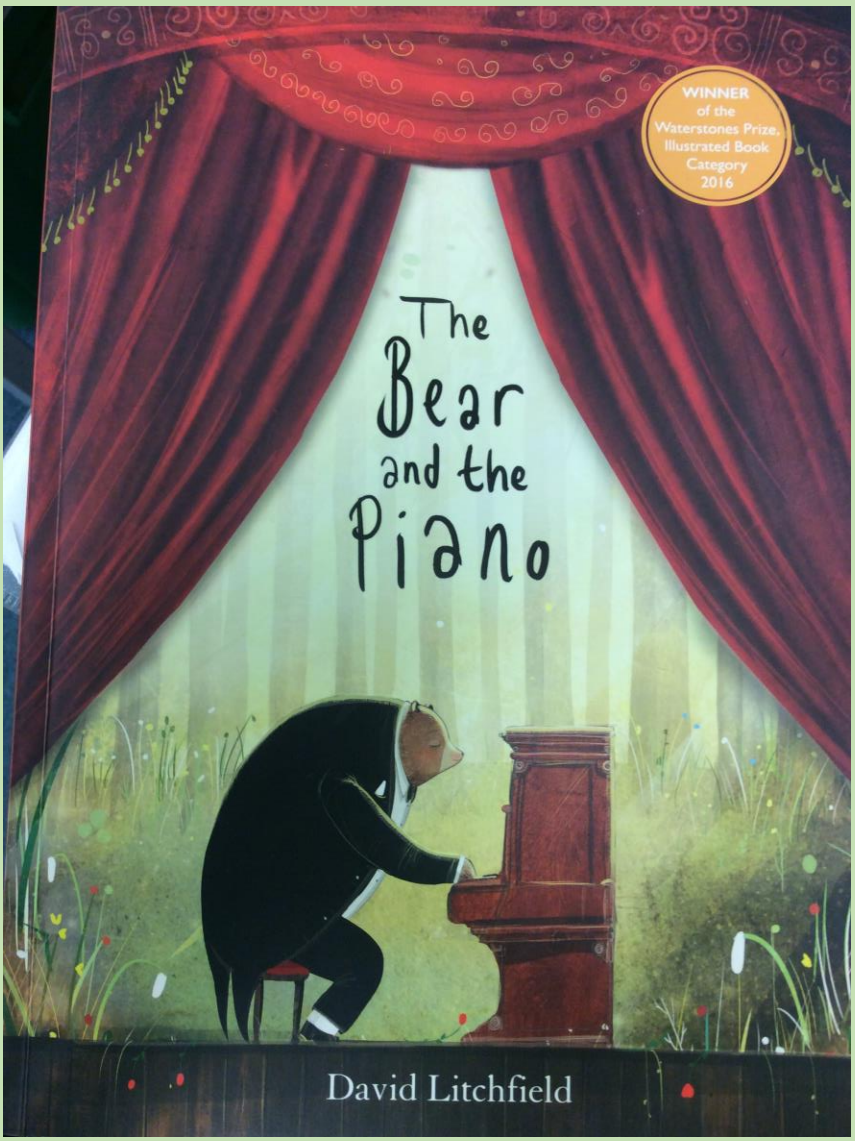









Bear


WINNER
of the
Waterstones Prize,
Illustrated Book
Category
2016
The
Bear
and the
Piano
David Litchfield

Key Dates for Autum Term 1

Monday, 12th October – Cross country selected children from KS2 - afternoon

Monday, 12th - Friday, 16th October - Teacher - Parent meetings (10min slot)

Tuesday 20th October – Appleton CofE school Open Day (9:15-11am)

Thursday, 22nd October – School and after school club finish as normal

Friday, 23rd October – INSET day

Sunday, 25th October 2026 – The clocks go back one hour at 2am to 1am

Monday 26th – Friday 30th October – Half term

Monday 2nd – Friday 6th November – Y6 Bikeability

Wednesday 4th November – Whole School Immunisation Flu Vaccination

Thursday 5th November – MF Mini Dance club starts **3:15-4:15pm**

Friday 6th November – Individual School photo

Friday 6th November – Remembrance service for children only

Monday, 9th November – Reception Vision Screening

Tuesday 10th November – Appleton CofE school Open Day (9:15-11am)

Tuesday 24th November –Y6 Business Challenge at Abingdon School (TBC)

Wednesday, 25th November – Year 2 Oxford Castle trip

Thursday, 3rd December – Christmas Fair

Wednesday, 9th December – Y2 Christmas show **2pm** for parents

Tuesday, 10th December – R/Y1 Nativity (10-11am)

Wednesday, 16th December – Christmas lunch

Wednesday, 16th December – Rocksteady concert **2:30pm** for parents

Thursday, 17th December – Pantomime trip Oxford Playhouse - Snow White

Friday, 18th December – School finish 1:15pm (JAG closed this afternoon)

Further information about any events listed will be available closer to the time.
Please do not use Parent Pay anymore.

Please remember to keep your child's school meal account on Arbor up to date. Any outstanding debt over £50 will mean that school meals cannot be provided until the balance is paid.

Thank you for your cooperation and support.

Appleton Chess Club

My Background

My name is Rob Willmoth. I have played chess for 35 years. I am currently ranked in the top 100 players in the UK and have played in 17 consecutive British championships. I run chess coaching services that provide professional chess coaching in schools

What can Chess offer to Children.

- Potential for better performance in academic studies
- Enhanced problem solving
- Enhanced strategic thinking
- Enhanced self esteem
- Friendly forum for making friends
- Healthy competition in a safe environment

School Chess Club Lesson.

- Structured lesson plan by term ,from basic play to advanced play
- Regular grading system to assess performance.
- Weekly coaching on demonstration board
- Graded weekly games against other children
- Weekly recap on knowledge learnt.

Sign up For Chess Club

ONLINE REGISTRATION ONLY

12 lessons commencing Afterschool from Wed 16th Sep, ending Wed 9th Dec at.....

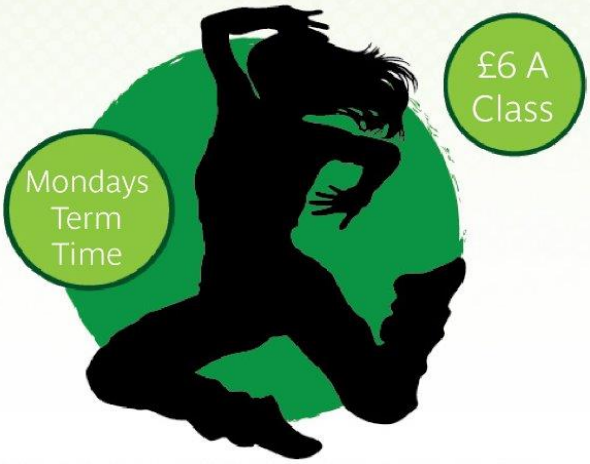
Chess Club is for years one to six from 3.15pm to 4.15pm.....
Cost:- £8.5 (including V.A.T) per lesson. **Total cost for term is £102.**(12 Sessions).....

Online payments at https://www.chesscoachingservices.net/online-payments/school-club

Website: chesscoachingservices.net email admin@chesscoachingservices.net Tel 07956 297329

MF DANCE
THE FUTURE OF DANCE

LOOKING TO BECOME
MORE CONFIDENT?



BOOST YOUR CONFIDENCE WITH OUR
MF DANCE AFTERSCHOOL CLUB

SCAN TO BOOK
YOUR PLACE TODAY

MF DANCE
THE FUTURE OF DANCE

LOOKING TO BECOME
MORE CONFIDENT?



BOOST YOUR CONFIDENCE WITH OUR
MF DANCE AFTERSCHOOL CLUB

SCAN TO BOOK
YOUR PLACE TODAY





Premier Soccer Centres

4 Howden Green
Steventon
OXON, OX13 6FY
Mobile: 07795 342509
E-Mail: mark@premiersoccercentres.co.uk

October Half Term Football Course

- Professional Coaching Courses
- 10 am - 2.30 pm each day
- All abilities welcome
- Children to bring their football/sports kit, clothing to suit weather conditions, a packed lunch, and a drink
- Open to boys & girls aged 5 - 13
- Structured skills and technique sessions
- Fun games, competitions, and small sided matches

***Application forms must be emailed or sent back, and payment made before we can confirm!**
E-mail - mark@premiersoccercentres.co.uk

*** Sessions will always be outside unless conditions are unsafe so, please dress appropriately.**

▪ Great value - Only £65 for 4 days or £17 daily rate

BACS: Nat West Bank. A/C No: 53505697. Sort Code: 60 - 21 - 21

(Please use course reference plus your child/children's surname)

DATE			VENUE	COST	TICK BOX
Mon 26th	-	Thurs 29th Oct	John Mason School, Abingdon – **Code JM**	£65	

NAME OF CHILD ..... AGE: .....
ADDRESSS .....
.....
HOME TEL: .....
EMERGENCY TEL: .....
E-MAIL ADDRESS .....
MEDICAL CONDITIONS .....
.....
SIGNED (Parent/Guardian) .....

* In line with GDPR we have updated our privacy policy, to view please visit our website for more details.
* Refund policy: We do not issue refunds for any reason. Credit notes will be issued at the discretion of the directors which can be used on any future Premier Soccer Centres course. * Please note: PREMIER SOCCER CENTRES LTD or the organisation providing the facility cannot accept any liability whatsoever in respect of any personal loss or damage caused whilst attending any course.





The Library
Oxfordshire

SHORT STORY COMPETITION 2027

Up to 3,000 words for adults & young adults and up to 1,000 words for children.

The winning story in each category will be published as an ebook for library members to borrow!

ENTRIES OPEN: 14 SEPTEMBER
CLOSING DATE: 15 NOVEMBER

Adults: 18+
YA: 12-17
Children: 7-11

www.oxfordshire.gov.uk/shortstorycompetition

School holidays just got more exciting!

Fresh air, freedom and adventure!



Ready for a school holiday full of excitement?

Active Adventures at Youlbury is the ultimate outdoor adventure club for children aged 8-16. Packed with thrilling challenges, nature connection activities, and epic team games, each day offers a new adventure to inspire a love for the great outdoors!

www.scoutadventures.org.uk/events



ACTIVE ADVENTURES HOLIDAY CLUB

Give your child an unforgettable school holiday filled with fresh air, freedom and adventure!

Set within 42 acres of stunning woodland in rural Oxfordshire at Youlbury, Boars Hill, children aged 8-16 will take part in a daily programme of non-stop outdoor action. With expert instructors leading the way, creating a safe and supportive environment where children run, climb, explore, and build confidence while unplugging from screens and having a blast with friends in the great outdoors!

What's on offer:

- High-energy adventures such as archery, ziplining, and climbing.
- Fun team building games and problem-solving challenges.
- Survival skills such as shelter building, backwoods cooking and fire lighting.
- Connect with the natural world with mindful activities, outdoors arts and crafts, wildlife spotting, and nature walks.

When is it:

- Running throughout February, Easter, May, Summer and October school holidays (see website for dates).
- 8.30am - 5.30pm daily (activities run 9am - 5pm)
- Participants can attend individual days, or the entire week.

Pricing:
£35 per day, per child. Save 10% on a 5-day block and each additional child.

Book now and join the adventure!

www.scoutadventures.org.uk/events

activeadventures@scoutadventures.org.uk

Scout Adventures Youlbury,
Boars Hill, Oxford OX1 5HD

Scout Adventures is owned and operated by The Scout Association. Reg.Charity number 306101 (England and Wales). Registered address, The Scout Association, Gilwell Park, Chingford, London, England E4 7QW





October Half Term!

Come and enjoy the great outdoors at wonderful Hill End

Family Days

Weds 28 & Thurs 29 October
10am - 2pm

Make natural crafts, explore the Halloween trail, and enjoy campfire and s'mores.
PLUS! Discover the incredible world of Harris's Hawks & Homing Pigeons with the University of Oxford's Dept of Biology. Featuring a live hawk flying demonstration!

Wild Days

for 7-12 years

Mon 26 & Tues 27 October
9.00am - 4.30pm

Get hands-on in the stunning surroundings of Hill End and Wytham Woods.
From campfire cooking to mini-beast hunting, our expert tutors will lead exciting hands-on activities, while kids connect with nature and make new friends.

Booking essential: https://hill-end.org/activities/upcoming-events

Hill End
A place of possibilities

hill_end_centre
HillEndOEC
Hill_End

Hill End Centre, OX2 9NJ
01865 863510

Registered charity: 1173987

Join our free, inclusive dance group in Oxfordshire

Mondays

Care-experienced young people aged 5-25

5-5.50pm (5-11yrs)



5.50-6.30pm (12-25yrs)

Rose Hill Community Centre

OXFORDSHIRE COUNTY COUNCIL

CARE TO DANCE

We support care-experienced young people through dance, including young people currently in care, previously looked after, living in kinship care and those who are adopted.

We hold weekly dance workshops for young people aged 5-25 where they learn different styles of dance, longside many performances and social events!

For those over 12 they can complete Level 1 and Level 2 dance leadership qualifications.

This programme is held at Rose Hill Community Centre, Carole's Way, Oxford OX4 4HF on a Monday evening.

We also have programmes across the country should any young people live closer to another programme.

If interested or you have any queries or if you would like to sign up, please use the QR code or contact:

amelia@caretodance.co.uk

Care to Dance consent form



How can we support your child's development?

Where Play Meets Potential

Life Skills

School Readiness

Starting school can be daunting for kids. Our programmes help set children up for the best possible day at school and create an environment where friendships can thrive outside of the classroom.

Social Development

Monash University research found that our Adventure Programme scored highly on learning outcomes relating to identity, social connection and wellbeing. 90% of children reported that our programmes helped them look after themselves and their friends.

Young Young Children and Play: An Empirical Study of Junior Adventure Group Programs, Monash University, 2024

New to JAG? Register & Book Now!

Create your account online in minutes to book **Wraparound Care** and **Holiday HiQ**, unlock flexible payment options, and enjoy exclusive offers. **Let the adventure begin!**

Family Support

Payment Options

- Tax Free Childcare Save 20% with HMRC top-ups
- Payment Plans Spread the cost monthly
- 30 Days Free Secure future bookings

Sibling Discount

10% off Holiday HiQ, Out of Hours and Care

Key Links

Find your local JAG school or venue

https://www.junioradventuregroup.co.uk/find-us

Register Online:

join.junioradventuregroup.co.uk

Contact Us:

hello@junioradventuregroup.co.uk

Scan here to learn more

Junior Adventure Group

Wraparound Care at your school

RISE AND SHINE THEN STAY AND PLAY



Your School Lunch — Let's Eat TOGETHER

WEEK ONE 13th April, 4th May, 1st June, 22nd June, 13th July, 31st Aug, 2nd Sept, 12th Oct

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) (V, EF) Vegetable & Bean Chilli with Rice (VG) Jacket Potato with Baked Beans (VG, GF) Sweetcorn & Baked Beans Lemon Oat Cookie (V, EF, DF) & Raisins	Beef Bolognese with Pasta (EF, DF) Veggie Bolognese with Pasta (VG) Jacket Potato with Cheese (V, GF, EF) Carrots & Green Beans Iced Sprinkle Cake (V, DF)	Roast Chicken Breast (GF, DF, EF) Quorn Roast (V, GF) Jacket Potato with Tuna Mayo (GF, DF, EF) Roast Potatoes, Yorkshire Pudding, Cauliflower & Peas Cherry Biscuit (V, EF)	Chicken Korma with Rice (EF, GF) Mac 'n' Cheese (V, EF) Jacket Potato with Cheese (V, GF, EF) Carrots & Sweetcorn Rock Cake (V)	Chicken Nuggets (EF, DF) Veggie Sausage Roll (V, EF) Jacket Potato with Baked Beans (VG, GF) Chips or Pasta Peas & Baked Beans Vanilla Ice Cream (V, GF, EF) with Pineapple

WEEK TWO 20th April, 11th May, 8th June, 29th June, 20th July, 7th Sept, 28th Sept, 19th Oct

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) (V, EF) Sweet Potato & Chickpea Curry with Rice (V, GF, EF) Jacket Potato with Baked Beans (VG, GF) Sweetcorn & Baked Beans Vanilla Sponge Cake (V, DF)	Meatballs in a Tomato Sauce (GF, DF, EF) Veggie Meatballs in a Tomato Sauce (VG, GF,) Jacket Potato with Cheese (V, GF, EF) Pasta, Peas & Broccoli Ginger Biscuit (V, EF)	Roast Loin of Pork (GF, DF, EF) Quorn Roast (V, GF) Jacket Potato with Tuna Mayo (GF, DF, EF) Yorkshire Pudding, Roast Potatoes & Gravy Carrots & Cabbage Shortbread (V, EF, DF) with an Orange Wedge	Creamy Chicken Risotto (GF, EF) Veggie Sausage Pasta Bake (V, EF) Jacket Potato with Cheese (V, GF, EF) Peas & Green Beans Sultana & Syrup Cookie (V, EF)	Flipper Dippers (DF, EF) Veggie Samosa's (VG) Jacket Potato with Baked Beans (VG, GF) French Fries or Pasta Baked Beans or Sweetcorn Strawberry Ice Cream (V, GF, EF) with Melon

WEEK THREE 27th April, 18th May, 15th June, 6th July, 14th Sept, 5th Oct

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) (V, EF) Spinach & Pepper Pasta (VG) Jacket Potato with Baked Beans (VG, GF) Sweetcorn & Baked Beans Melting Moment (V, DF, EF) with Mandarins	Chicken & Leek Pie with New Potatoes (DF, EF) Sweet & Sour Veggie Noodles (V, DF) Jacket Potato with Cheese (V, GF, EF) Vegetable Medley & Broccoli Cinnamon Cookie (V, EF)	Roast Gammon (GF, EF, DF) Vegetarian Quorn Roast (V, GF) Jacket Potato with Tuna Mayo (GF, DF, EF) Roast Potatoes & Yorkshire Pudding with Gravy Savoy Cabbage & Peas Banana Cake (V, EF)	Pork Sausages with Gravy (DF, EF) Veggie Sausage with Gravy (VG, GF) Jacket Potato with Cheese (V, GF, EF) Mashed Potatoes (GF, EF) Carrots & Cauliflower Crunchy Cornflake Cookie (EF, DF)	Fish Fingers (DF, EF) Cream Cheese & Broccoli Pinwheel (V, EF) Jacket Potato with Baked Beans (VG, GF) Chips or Pasta Peas & Baked Beans Strawberry Jelly (V, GF, DF, EF) with Peaches

Available Daily – Fresh bread, Salad Bar, and lots of Fresh water, as well as a choice of natural yoghurt, or fresh fruit as an alternative to dessert

Allergy advice – All our food is prepared in a kitchen where any of the 14 Allergens may be present, and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. Any fish we serve will vary depending on availability. We only select fish from sustainable sources. Suitable for vegetarians or vegetarian option available. Our fish and chicken dishes may contain bones.

KEY: V – VEGETARIAN, VG – VEGAN, EF – EGG FREE, DF – DAIRY FREE, GF – GLUTEN FREE

OXFORDSHIRE COUNTY COUNCIL

SMILE 360

NHS Oxford Health NHS Foundation Trust

Lunch box shopping list

Date: _____

Choose one or two items from each food group below or an alternative to create your own healthy lunch box

*Please note some people have food allergies. Check with your setting before sending in food.

Protein

- Chicken
- Hummus
- Eggs
- Tofu

Fruit & Vegetables

- Banana
- Carrot
- Blueberries
- Cucumber

Carbohydrate

- Bread
- Chapati
- Crackers
- Pasta

Dairy or alternative

- Cheese/soft cheese
- Plain yoghurt
- Plant based alternative

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SMILE 360

NHS Oxford Health NHS Foundation Trust

Sugary drinks and oral health

Did you know?...

Fact

All fizzy drinks including sugar-free options contain acid which can cause tooth decay

Fact

Unsweetened juices and fruit smoothies are high in sugar and also contain acid

Keep sugary/fizzy drinks to mealtimes only

Swap sugary/fizzy drinks to water or milk

Or

Or

SMILE 360

NHS Oxford Health NHS Foundation Trust

Healthy Lunch Boxes

- Eating a healthy lunch keeps gums and teeth healthy
- A healthy lunch box should include fruit, vegetables, carbohydrates and protein
- Choose foods in a variety of colours, finger foods and crispy snacks to make your lunch box more appealing

Lunch Box Ideas

See https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/

Salmon and salad bagel, rice cakes, grapes, semi-skimmed milk	Tuna and bean salad, satsuma, malt loaf, semi-skimmed milk
Spicy chicken and salad wrap, peaches/strawberries, homemade popcorn with cinnamon, sugar-free orange drink	Hummus dip with pitta bread and vegetable sticks, banana, sugar-free jelly, water

*Please note some people have food allergies. Check with your setting before sending in food.

Copyright CDS Oxford Health NHS Foundation Trust

Your School Lunch

Let's Eat • TOGETHER •

WEEK ONE Week Commencing: 2nd Nov, 23rd Nov, 14th Dec, 18th Jan, 8th Feb, 8th March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) *(V, EF)*	Cajun Beef & Bean Tortilla *(EF)*	Roast Loin of Pork *(GF, DF, EF)*	Sticky BBQ Chicken with Rice *(DF, EF, GF)*	Fish Fingers *(DF, EF)*
Herby Tomato Pasta *(VG)*	Cajun Vegetable & Bean Tortilla *(V, EF)*	Quorn Roast *(V, GF)*	Mac 'n' Cheese *(V, EF)*	Veggie Sausage Roll *(V, EF)*
Rainbow Rice Salad *(VG)*	Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)*	Wholemeal Tuna & Cucumber Sandwich *(EF, DF)*	Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)*	Cheddar Cheese, Tomato & Onion Pasta Salad *(EF)*
Peas & Baked Beans	Mixed Salad & Sweetcorn	Roast Potatoes, Yorkshire Pudding, Cabbage & Carrots	Broccoli & Vegetable Medley	Chips or Pasta Peas & Sweetcorn
Ginger Biscuit *(V, EF, DF)*	Lemon Cake *(V, DF)*	Chewy Vanilla Cookie *(V, EF)*	Flapjack *(V, DF, EF)* with Raisins	Strawberry Ice Cream *(V, GF, EF)* with Pineapple

WEEK TWO Week Commencing: 9th Nov, 30th Nov, 4th Jan, 25th Jan, 22nd Feb, 15th March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) *(V, EF)*	Sausage Plait *(DF)*	Cottage Pie *(GF, EF)*	Beef Meatballs in Tomato Sauce *(GF, DF, EF)*	Chicken Nuggets *(DF, EF)*
Mild Mexican Chilli Loaded Hash Browns *(VG, GF)*	Crispy Veggie Dippers *(VG)*	Veggie Cottage Pie *(V, EF, GF)*	Veggie Meatballs in Tomato Sauce *(VG, GF)*	Veggie Samosa's *(VG)*
Wholemeal Egg Mayo Sandwich *(V, DF)*	Baked Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)*	Wholemeal Cheese & Tomato Sandwich *(V, EF)*	Baked Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)*	Breaded Salmon Wrap with Mayo & Lettuce *(EF, DF)*
Sweetcorn & Baked Beans	Oven Baked Potato Wedges Peas & Carrots	Cauliflower & Vegetable Medley	Pasta, Sweetcorn & Carrots	French Fries or Pasta Baked Beans or Peas
Vanilla Oat Traybake *(V)*	Shortbread *(V, EF, DF)* with an Orange Wedge	Crunchy Cornflake Cookie (V, EF, DF)	Cinnamon Swirl Sponge *(V, DF)*	Strawberry Jelly *(V, GF, DF, EF)* with Peaches

WEEK THREE Week Commencing: 16th Nov, 7th Dec, 11th Jan, 1st Feb, 1st March, 22nd March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) (V, EF)	Pork Sausages with Gravy *(DF, EF)*	Roast Chicken Breast *(GF, EF, DF)*	Beef Bolognaise with Twisty Pasta *(DF, EF)*	Flipper Dippers *(DF, EF)*
Spinach & Potato Curry with Rice *(VG)*	Veggie Sausage with Gravy *(VG, GF)*	Vegetarian Quorn Roast *(V, GF)*	Veggie Bolognaise with Twisty Pasta *(VG,)*	Pizza Pinwheel *(V, EF)*
Cheese & Cucumber Wrap *(V, EF)*	Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)*	Tuna & Sweetcorn Pasta Salad *(DF, EF)*	Baked Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)*	Wholemeal Egg Mayo & Lettuce Sandwich *(V, DF)*
Peas & Baked Beans	Mashed Potato, Cabbage & Carrots	Roast Potatoes & Yorkshire Pudding with Gravy Cauliflower & Green Beans	Carrots & Peas	Chips or Pasta Sweetcorn or Baked Beans
Melting Moment *(V, DF, EF)*	Rock Cake *(V)* with Melon	Lemon Oat Cookie *(V, EF, DF)*	Iced Sprinkle Cake (V, DF)	Vanilla Ice Cream *(V, GF, EF)* with Mandarins

Available Daily – Fresh bread, Salad Bar, and lots of Fresh water, as well as a choice of natural yoghurt, or fresh fruit as an alternative to dessert

Allergy advice – All our food is prepared in a kitchen where any of the 14 Allergens may be present, and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergeninformation is available from your school. Any fish we serve will vary depending on availability.

We only select fish from sustainable sources.

Suitable for vegetarians or vegetarian option available.

Our fish and chicken dishes may contain bones.

KEY:
V VEGETARIAN
VG VEGAN
EF EGG FREE
DF DAIRY FREE
GF GLUTEN FREE

OXFORDSHIRE COUNTY COUNCIL

Save the Date

APPLETON VILLAGE CHRISTMAS FAIR

THURSDAY 3RD DECEMBER 2026

4:30PM - 7PM

ORGANISED BY

Friends of Appleton School

AND

St Laurence Church, Appleton with Besselsleigh

