Weekly Update

Building wisely for life

Friday 6th November 2026

Dear parents, carers and our wider school community,

Welcome back to **Term 2**! This is always such an exciting and busy term, with so many wonderful opportunities and events for the children to look forward to. We have many planned events and are really looking forward to sharing all these special moments with the children over the coming weeks.

Building Wisely for Life

This term, we are focusing on our value of Respect, with the theme being 'Valuing Every Individual'.

Our question for the term is: 'How can we show respect to everyone?'

We will be exploring what respect looks like in our everyday lives and thinking about how we can make sure everyone feels valued, included and appreciated.

Remembrance Day Service

Today, we will be visiting the church for a Remembrance Day service. This week, the children have all taken part in special art lessons, where they have had the opportunity to create their own Remembrance Day artwork. Some of these pieces will be shared during the service. They have also been learning about Remembrance Day and have had the opportunity to write their own poems and prayers and some of these will be shared too. We are looking forward to sharing this special time with them.

Diwali

Happy Diwali to all those celebrating!

This Sunday (8th November), many families will be celebrating Diwali, the Festival of Lights. We would like to wish all those celebrating a very happy Diwali, filled with happiness, light and togetherness.

School Day
Thank you to everyone for embracing the new times for the school day. We hope the change to the end of the day (for the younger children) is working well for you all. As we do have more people arriving at the same time, please continue to park respectfully and with consideration for our children and the local community.
A reminder that dogs, unless assistance dogs, are not permitted on the school site; this is due to Health and Safety regulations.

PE Days
Thank you to the children in Y2 and above for coming to school in their PE kit on PE days. This has reduced the time spent on children changing and has helped many children feel happier.
A reminder that Appleton's PE kit, as set out on the website is:
Black shorts, black joggers or black leggings
A plain white T-shirt (available with the Appleton School logo)
Appleton School sweatshirt or school fleece (or plain green alternative)
Trainers
Earrings will also need to be removed (or taped if they cannot be removed). This is for safety purposes.

Chance to Shine Cricket
Our first cricket sessions have been a huge success with teachers and children saying how much they have enjoyed the sessions. Zoe, our coach, held an assembly for children on Thursday morning and we hope this, along with the lessons, will inspire some children to take up this great sport.

Class Report
This week's class report is from Willow Class, We hope you enjoy reading about what the children have been learning about in school this week.

Children in Need
We are looking forward to celebrating Children in Need day on Friday 13th November. We are inviting children to come to school in spotty clothes or bright colours and to make a voluntary donation of £1. A link to a Go Fund Me will be sent to you. We hope the children enjoy a lovely day.

Thank you, as always, for your continued support, feedback and partnership.

Emma King
Headteacher

Year 6 have had a busy and exciting week!

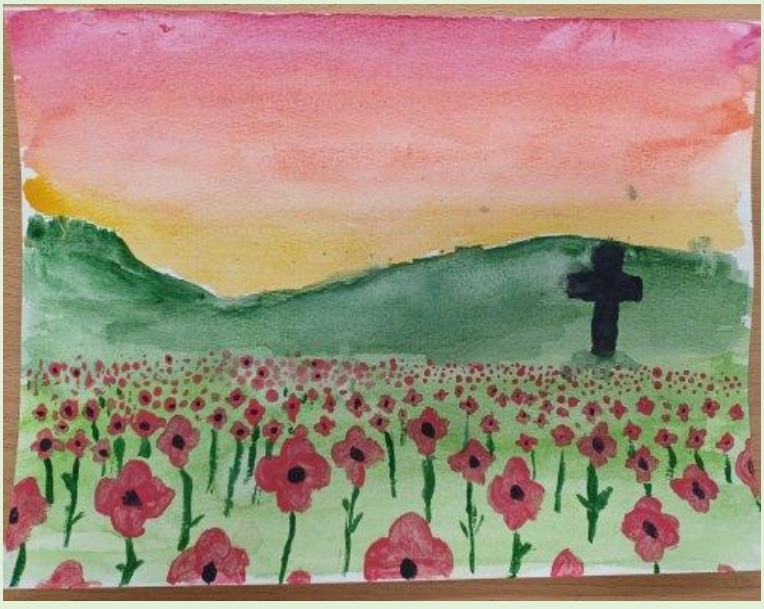
On Monday, we launched our new topic, From Blitz to Victory, with a special Wow Opener inspired by the poem In Flanders Fields by John McCrae.
After exploring the poem and reflecting on the importance of remembrance, the children spent the day getting creative with a range of poppy-themed artwork.
They experimented with different materials and techniques to create delicate filter paper poppies, beautiful watercolour poppies and vibrant landscapes featuring colourful sunset skies and fields of poppies. It was wonderful to see the children approaching each activity with enthusiasm, creativity and care. Their fantastic artwork will make a lovely addition to our classroom displays!
Alongside this, lots of the children in Year 6 have been taking part in Bikeability sessions throughout the week. They have been developing their cycling skills, building confidence and learning how to stay safe when riding on the roads. It has been fantastic to see the children showing determination, independence and responsibility as they put their skills into practice.

What a brilliant start to the new half term!















Key Dates for Autum Term 2

- **Monday, 9th November** – Reception Vision Screening
- **Tuesday 10th November** – Appleton CofE school OPEN DAY (9:15-11am)
- **Friday 13th November** – Children in Need Day (non-uniform day)
- **Monday 16th November** – Y5 Play Leaders Sport Leadership Event (10-2pm)
- **Wednesday 18th November** – Cross Country Vale Finals Boys Y3/4 (9:15-11:40am)
- **Monday 23rd November** – Individual School photo
- **Tuesday 24th November** –Y6 Business Challenge at Abingdon School (TBC)
- **Wednesday, 25th November** – Year 2 Oxford Castle trip
- **Friday, 27th November** – Non-Uniform donation Day
- **Thursday, 3rd December** – Christmas Fair
- **Wednesday, 9th December** – Y2 Christmas show 2pm for parents
- **Thursday, 10th December** – R/Y1 Nativity (10-11am)
- **Wednesday, 16th December** – Christmas lunch (order now)
- **Wednesday, 16th December** – Rocksteady concert 2:30pm for parents
- **Thursday, 17th December** – Pantomine - Snow White 2-4:20pm
- **Friday, 18th December** – School finish 1:15pm (JAG closed this afternoon)

- Further information about any events listed will be available closer to the time.
- Please do not use Parent Pay anymore.

- ***Please remember to keep your child's school meal account on Arbor up to date.***
- **Any outstanding debt over £50 will mean that school meals cannot be provided until the balance is paid.**
- Thank you for your cooperation and support.

On Friday the 13th, it is Children in Need day.

We would like to celebrate this
(and raise a little bit of money)
by inviting the children to come into school
in either **Spotty** or **brightly coloured** clothes
(or uniform if they prefer).



We will ask them to donate **£1** towards the charity.

You can also donate online at:

https://challenge.bbcchildreninneed.co.uk/fundraising/appleton-c-of-e-primary-children-in-need

in our Appleton CofE Primary School

APPLETON CofE SCHOOL · AD 1837 ·

St Laurence Church

All are warmly invited to come to explore themes of darkness and light in a free session of craft, songs, snacks - fun and faith for all the family!

MESSY CHURCH

from 3.30pm to 5pm on
Sunday 15th November



Craft, songs, stories and refreshments, suitable for all ages and all the family. No charge, but children should be accompanied by an adult, please.

Come and join us – all welcome!
All events & services listed in the Appleton Advertiser.
www. stlaurenceappleton.org

NON-UNIFORM DAY

PLEASE BRING IN A DONATION FOR THE CHRISTMAS FAIR

DONATIONS TO INCLUDE:



BOTTLES FOR TOMBOLA

MUST BE UNUSED AND IN DATE



TOYS FOR CHILDREN'S TOMBOLA

MUST BE CLEAN AND WORKING



JOLLY JARS

A JAR FILLED WITH A SELECTION OF SMALL TREATS, SWEETS, TOYS OR OTHER LITTLE SURPRISES TO BE USED AS PRIZES AT THE FAIR

FRIDAY 27TH NOVEMBER

Save the Date

APPLETON VILLAGE CHRISTMAS FAIR

THURSDAY 3RD DECEMBER 2026

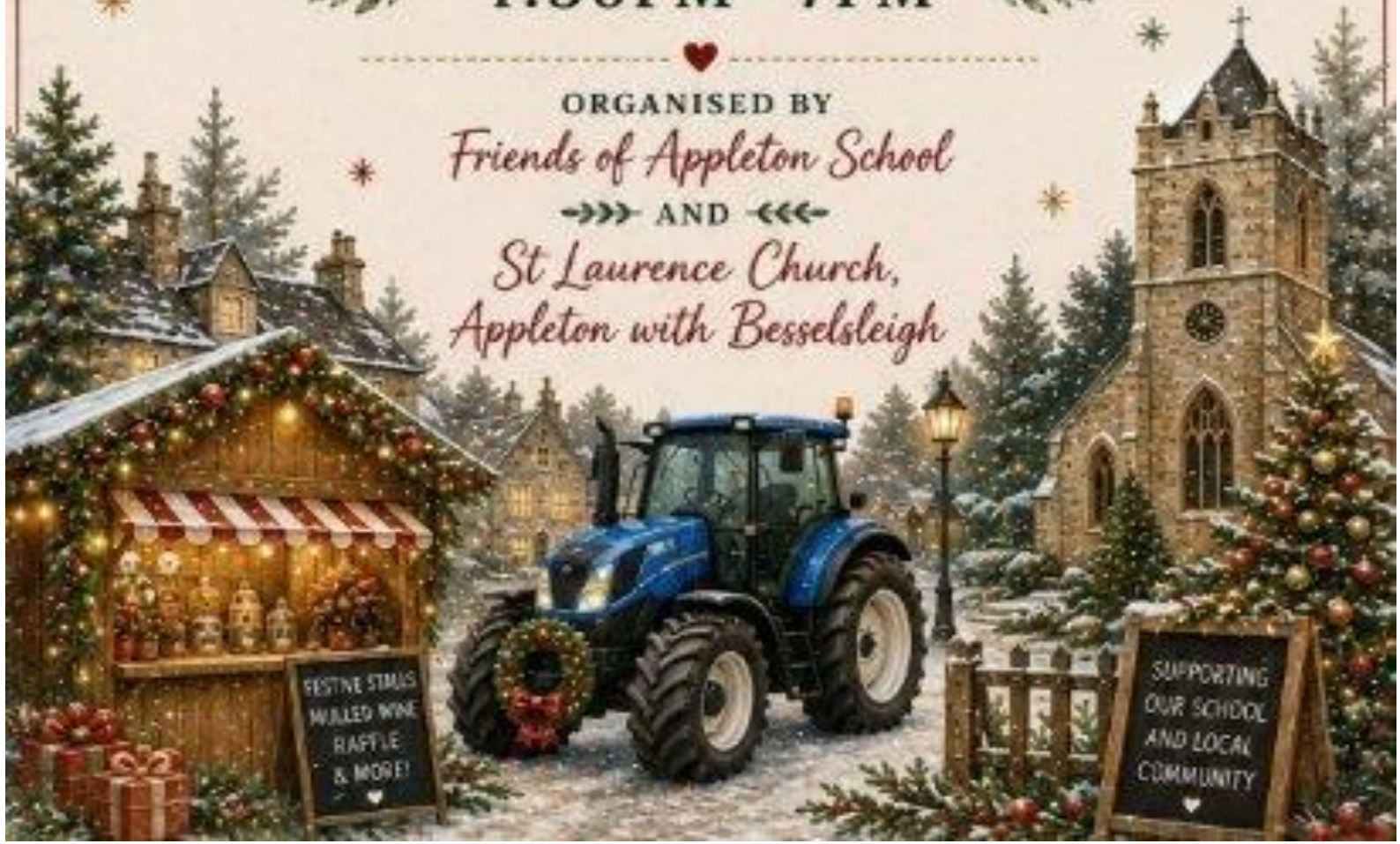
4:30PM - 7PM

ORGANISED BY

Friends of Appleton School

AND

St Laurence Church, Appleton with Besselsleigh



Join us for our

CHRISTMAS LUNCH



ON: **Wednesday 16th December 2026**

Roast Turkey or Roast Quorn

Sage & Onion Stuffing

Chipolata Sausage or Veggie Sausage

Crispy Roast Potatoes, Carrots & Garden Peas, Gravy & Cranberry Sauce

Santa's Iced Christmas Treat

Order your lunch now (office.3850@appleton.oxon.sch.uk)







OCCCS
OXFORDSHIRE COUNTY COUNCIL
CATERINGSERVICES



Whole School Pantomime Trip – Snow White

On **Thursday 17th December 2026**, the whole school is invited to enjoy the festive pantomime Snow White at Oxford Playhouse. Written by Sarah Henley and directed by Mike Tweddle, this magical adventure promises dazzling dance numbers, spectacular songs, plenty of laughter and festive fun for all ages!

- **Show: 2pm**
- Transport: **Children will travel by coach with school staff**, both to and from the theatre.
- **Return to school:** Approximately 5:30pm–6pm.
- Cost: £11.50 per child.

Consent and payment can be completed via **Arbor**.
If you have any questions or concerns, please contact the school office or your child's class teacher.

LONGWORTH

LONGWORTH
BONFIRE & FIREWORKS



Saturday NOV 7th

6.30 – 8.30pm

White House, Church Lane, Longworth

OX13 5DX – Free Parking

Hog Roast, Hot Dogs,

'The Oxford Cow' Ice Cream

Licensed Bar & Hot Drinks

ENTRANCE: £10 ADULT, £5 CHILD (UNDER 15),

£25 FAMILY (2 ADULTS + UP TO 3 KIDS), KIDS UNDER 5

Friends of the Oxfordshire Museum

The Friends of the Oxfordshire Museum
Children's Creative Writing Competition 2027

Submission deadline 9am, Friday 4 June 2027
Award ceremony 4pm Friday 16 July 2027

The Friends of the Oxfordshire Museum are excited to announce the third annual Children's Creative Writing Competition. The competition asks you to select an object on display at the Oxfordshire Museum in Woodstock, and write a story based on it. If you are not sure what to use as the subject for your story, come along for a visit or take a look at our website **www.friendsoftom.org.uk** for more inspiration. Please let your mind run free – we are looking for exciting and imaginative fictional stories rather than history essays!

We know we have some very talented and hard-working young people living in Oxfordshire. This competition is an opportunity for you to share your creative writing skills. The competition is open to all young people between the ages of 7 and 11 who attend school in Oxfordshire. The best stories will be selected to be judged by our expert judging panel. The judges will consider the best stories in two age groups (7-9 and 10-11) and one entry in each will be selected as winner in that category, being awarded **a prize of £50 in cash**. The winner of the 10-11 category will also have their name engraved on a trophy. The story may also be promoted in the press. The prizes will be awarded at a ceremony at 4pm on 16 July 2027 in the Museum Garden, or Coach House depending on the weather.

To enter, request a form from **friendsccwc@gmail.com** or pick up one from the reception desk of the Museum. When completed, return the form to the museum or via email to **friendscwc@gmail.com** by 9am, Friday 4 June 2027. All entries will be considered, up to that date.

Frequently asked Questions:

Q. How old do I need to be?
A. Any age between 7 and 11 years old on 4th June 2027.

Q. What is the submission process?
A. We ask that you complete the application form that we will send you, and include your story on it. If hand-written, you can scan/photograph this and send it digitally or you can return the completed paper entry to the Museum's reception. If you are submitting your story as an email attachment, please send it to **friendsccwc@gmail.com**. After the submission deadline of 9am, Friday 4 June 2027, we will not consider any further entries, and will be shortlisting entries in the week commencing 15 June. All shortlisted entrants will be invited to the award ceremony on 16 July where the winner will be presented with their prize.

Q. Who will select the winning story in each category?
A. This will be done by a panel with representatives from the Friends of the Oxfordshire Museum, a local bookshop owner and a creative writing tutor.

We look forward to reading your creative story!

XF RD SPORT & TRADITIONAL MARTIAL ARTS

CHILDRENS KARATE

SOUTHMOOR & KINGSTON BAGPUIZE







EVERY WEDNESDAY
SOUTHMOOR & KINGSTON BAGPUIZE
VILLAGE HALL
OX13 5BY

OSTMA LIONS | AGES 3 - 6
3.30PM - 4PM

BEGINNER KARATE | AGES 6+
4PM - 4.45PM

CONFIDENCE - FITNESS - DISCIPLINE - FUN

FREE TRIAL

BOOK YOUR FREE TRIAL TODAY

Izzy.ostma@gmail.com 07784 186884

How can we support your child's development?

Where Play Meets Potential

We are passionate about play. We understand the important role it has in a child's positive learning and development. That's why all our programmes are designed around play, fun and friendship.

Life Skills

We give children the opportunity to learn about and practise important life skills like self-regulation, themselves and their environment around them, extending on what they've learnt in school.

School Readiness

Starting school can be daunting for kids. Our programmes help set children up for the best possible day at school and create an environment where friendships can thrive outside of the classroom.

Social Development

Monash University research found that our Adventure Programme scored highly on learning outcomes relating to identity, social connection and wellbeing. 90% of children reported that our programmes helped them look after themselves and their friends.

Young Boys Child Impact Report, Faculty of Education, Monash University, 2024

New to JAG? Register & Book Now!

Create your account online in minutes to book **Wraparound Care** and **Holiday HQ**, unlock flexible payment options, and enjoy exclusive offers. **Let the adventure begin!**

Family Support

Payment Options

- Tax Free Childcare Save 20% with HMRC top-ups
- Payment Plans Spread the cost monthly
- 30 Days Free Secure future bookings

Sibling Discount

5% off Holiday HQ & Out of Wraparound Care

Key Links

Find your local JAG school or venue

https://www.junioradventuregroup.co.uk/find-us

Register Online:

jag.bookwhen.io/organisations

Contact Us:

hello@junioradventuregroup.co.uk

Scan here to learn more

Junior Adventures Group

Wraparound Care at your school

RISE AND SHINE THEN STAY AND PLAY

Learn more and register today



The Library Oxfordshire

SHORT STORY COMPETITION 2027

Up to 3,000 words for adults & young adults and up to 1,000 words for children.

The winning story in each category will be published as an ebook for library members to borrow!

ENTRIES OPEN: 14 SEPTEMBER
CLOSING DATE: 15 NOVEMBER

Adults: 18+
YA: 12-17
Children: 7-11

www.oxfordshire.gov.uk/shortstorycompetition

OXFORDSHIRE COUNTY COUNCIL



The Oxford & Cambridge Singing School

The Oxford and Cambridge Singing School is for boys and girls aged 7 - 13 who love to sing. Established in 2013, the Singing School provides the opportunity to experience great classical music with world class coaches in a relaxed and fun environment and to develop confidence in singing and performing.

Pupils will learn some beautiful carols and seasonal music from around the world, led by our regular team of expert coaches.

To join our mailing list and for more information on our courses, please see www.oxbridgesingingschool.com or email oxbridgess@gmail.com

21 & 22 December 2026

St Barnabas Church, Jericho, Oxford

St Catharine's College, Cambridge

www.oxbridgesingingschool.co.uk

Mind Over Matter
Fitness Centre

Calm Yoga For Children

6-week block of yoga classes involving mindful movement, breathwork & creative crafting

Tuesdays: 15:45 - 16:30

November 3,10,17,24 › December 8 & 15

6 sessions for £60

Book now through our website!

www.mindovermatterfitnesscentre.co.uk

Builds Strength, Flexibility & Confidence 💪

Reduces Stress & Supports Better Sleep 😌

Boosts Focus & Concentration 🧠

Harcourt Hill, Oxford, OX2 9AT

For Ages 8-11

MIND OVER MATTER
FITNESS CENTRE



OXFORD CITY FOOTBALL CLUB

ONE CITY
ONE COMMUNITY

FREE TICKETS

THE MGROUP STADIUM – OX3 0NQ



SUNDAY 18 OCTOBER
2PM | VS BEACONSFIELD TOWN

SUNDAY 25 OCTOBER
2PM | VS FLEET TOWN

SUNDAY 8 NOVEMBER
2PM | VS FARNHAM TOWN

SCAN HERE AND USE THE CODE:
SCHOOL

COME AND PLAY HOCKEY!

OXFORD HAWKS HOCKEY CLUB

Fun, friendly hockey for girls and boys of all abilities

From Reception to Year 13

NO EXPERIENCE NEEDED

Whether you're completely new to hockey or already love the game, everyone is welcome.



2 FREE TRIAL SESSIONS

Come along and give hockey a try — we can provide a stick if you need one!

TRAINING / MATCHES

Tuesday evenings & Sunday mornings

We're a friendly and welcoming hockey club where children can learn, have fun and develop their hockey skills in a supportive environment.

Get in touch to arrange your two FREE trial sessions:

juniors@oxfordhawks.co.uk

North Oxford - OX2 8EQ - right next to Cutteslowe Park

www.oxfordhawks.co.uk

CARE TO DANCE

We support care-experienced young people through dance, including young people currently in care, previously looked after, living in kinship care and those who are adopted.

We hold weekly dance workshops for young people aged 5-25 where they learn different styles of dance, longside many performances and social events!

For those over 12 they can complete Level 1 and Level 2 dance leadership qualifications.

This programme is held at Rose Hill Community Centre, Carole's Way, Oxford OX4 4HF on a Monday evening.

We also have programmes across the country should any young people live closer to another programme.

If interested or you have any queries or if you would like to sign up, please use the QR code or contact:

amelia@caretodance.co.uk

Care to Dance consent form



CARE TO DANCE

Join our free, inclusive dance group in Oxfordshire

Mondays

Care-experienced young people aged 5-25

5-5.50pm (5-11yrs)

5.50-6.30pm (12-25yrs)



Rose Hill Community Centre

OXFORDSHIRE COUNTY COUNCIL





Steam Into Christmas at Didcot Railway Centre

Santa needs your help! His reindeer have wandered off around Didcot Railway Centre, and he needs little explorers and their grown-ups to help find them. Follow a festive trail, discover the missing reindeer, and collect Christmas stocking fillers along the way.

Then meet Santa in his grotto and receive a special gift. Families can also enjoy unlimited steam train rides, explore historic locomotives, and soak up the sights and sounds of a railway at Christmas.

Dates: Weekends in December and selected days before Christmas. Advance booking recommended. Tickets from £20.

Book your ticket today: https://bit.ly/4yY1lL6

OXFORDSHIRE SKILL ACQUISITION ACADEMY

APPLETON CofE SCHOOL · AD 1837 ·

TERM 1 SESSIONS



AFTER SCHOOL FOOTBALL SESSIONS

Appleton Primary School

TUESDAY AFTERNOONS 3.15-4.15PM YEAR 3 - 6

Our after school sessions are open to players in year 1 to 6. Each session will be fun, inclusive and player centred and players will experience a variety of fun games, warm ups, challenges & matches.

FRIDAY AFTERNOONS 3.15-4.15PM YEAR 1 & 2

FOR MORE INFORMATION :
WWW.OSAACADEMY.CO.UK

TO BOOK YOUR SPACE
INFO@OSAACADEMY.CO.UK

MF DANCE

THE FUTURE OF DANCE

LOOKING TO BECOME MORE CONFIDENT?



BOOST YOUR CONFIDENCE WITH OUR MF DANCE AFTERSCHOOL CLUB

SCAN TO BOOK YOUR PLACE TODAY

Appleton Chess Club

My Background

My name is Rob Willmoth. I have played chess for 35 years. I am currently ranked in the top 100 players in the UK and have played in 17 consecutive British championships. I run chess coaching services that provide professional chess coaching in schools

What can Chess offer to Children.

- Potential for better performance in academic studies
- Enhanced problem solving
- Enhanced strategic thinking
- Enhanced self esteem
- Friendly forum for making friends
- Healthy competition in a safe environment

School Chess Club Lesson.

- Structured lesson plan by term ,from basic play to advanced play
- Regular grading system to assess performance.
- Weekly coaching on demonstration board
- Graded weekly games against other children
- Weekly recap on knowledge learnt.

Sign up For Chess Club

ONLINE REGISTRATION ONLY

12 lessons commencing Afterschool from Wed 16th Sep, ending Wed 9th Dec at……..……

Chess Club is for years one to six from 3.15pm to 4.15pm……
Cost:- £8.5 (including V.A.T) per lesson. **Total cost for term is £102**.(12 Sessions)…….

Online payments at https://www.chesscoachingservices.net/online-payments/school-club

Website: chesscoachingservices.net email admin@chesscoachingservices.net Tel 07956 297329

SMILE

NHS
Oxford Health
NHS Foundation Trust

Sugary drinks and oral health

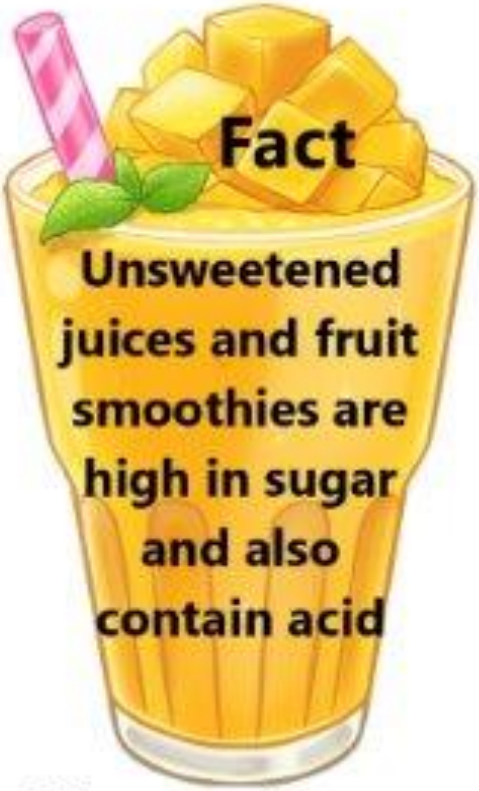
Did you know?...

Fact

All fizzy drinks including sugar-free options contain acid which can cause tooth decay





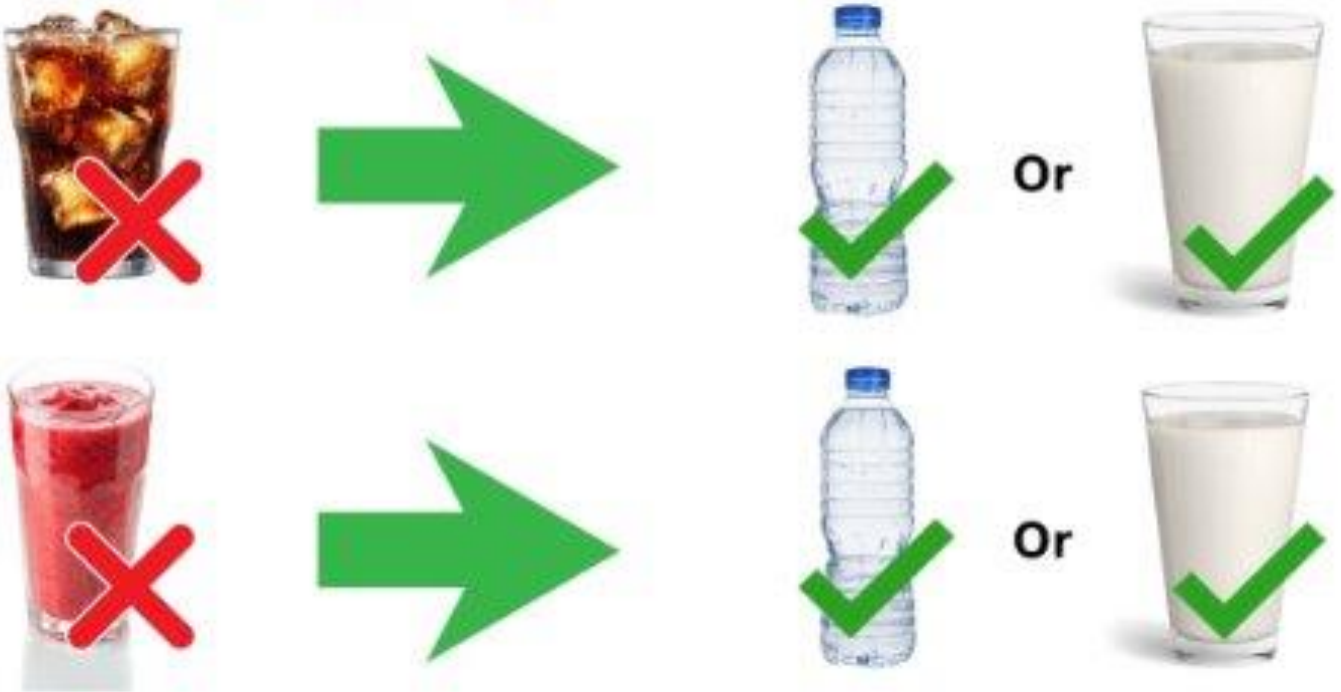


Fact

Unsweetened juices and fruit smoothies are high in sugar and also contain acid

Keep sugary/fizzy drinks to mealtimes only

Swap sugary/fizzy drinks to water or milk



NHS
Oxford Health
NHS Foundation Trust

Lunch box shopping list



Date: _____



Choose one or two items from each food group below or an alternative to create your own healthy lunch box



*Please note some people have food allergies. Check with your setting before sending in food.

Protein

- Chicken ☐
- Hummus ☐
- Eggs ☐
- Tofu ☐

Fruit & Vegetables

- Banana ☐
- Carrot ☐
- Blueberries ☐
- Cucumber ☐

Carbohydrate

- Bread ☐
- Chapati ☐
- Crackers ☐
- Pasta ☐

Dairy or alternative

- Cheese/soft cheese ☐
- Plain yoghurt ☐
- Plant based alternative ☐

Copyright OCDS Oxford Health NHS Foundation Trust

Healthy Lunch Boxes



- Eating a healthy lunch keeps gums and teeth healthy
- A healthy lunch box should include fruit, vegetables, carbohydrates and protein



- Choose foods in a variety of colours, finger foods and crispy snacks to make your lunch box more appealing

Lunch Box Ideas



See https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/



Salmon and salad bagel, rice cakes, grapes, semi-skimmed milk



Tuna and bean salad, satsuma, malt loaf, semi-skimmed milk



Spicy chicken and salad wrap, peaches/strawberries, homemade popcorn with cinnamon, sugar-free orange drink



Hummus dip with pitta bread and vegetable sticks, banana, sugar-free jelly, water

*Please note some people have food allergies. Check with your setting before sending in food.

Copyright CDS Oxford Health NHS Foundation Trust

Your School Lunch

Let's Eat • TOGETHER •

WEEK ONE Week Commencing: 2nd Nov, 23rd Nov, 14th Dec, 18th Jan, 8th Feb, 8th March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) *(V, EF)*	Cajun Beef & Bean Tortilla *(EF)*	Roast Loin of Pork *(GF, DF, EF)*	Sticky BBQ Chicken with Rice *(DF, EF, GF)*	Fish Fingers *(DF, EF)*
Herby Tomato Pasta *(VG)*	Cajun Vegetable & Bean Tortilla *(V, EF)*	Quorn Roast *(V, GF)*	Mac 'n' Cheese *(V, EF)*	Veggie Sausage Roll *(V, EF)*
Rainbow Rice Salad *(VG)*	Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)*	Wholemeal Tuna & Cucumber Sandwich *(EF, DF)*	Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)*	Cheddar Cheese, Tomato & Onion Pasta Salad *(EF)*
Peas & Baked Beans	Mixed Salad & Sweetcorn	Roast Potatoes, Yorkshire Pudding, Cabbage & Carrots	Broccoli & Vegetable Medley	Chips or Pasta Peas & Sweetcorn
Ginger Biscuit *(V, EF, DF)*	Lemon Cake *(V, DF)*	Chewy Vanilla Cookie *(V, EF)*	Flapjack *(V, DF, EF)* with Raisins	Strawberry Ice Cream *(V, GF, EF)* with Pineapple

WEEK TWO Week Commencing: 9th Nov, 30th Nov, 4th Jan, 25th Jan, 22nd Feb, 15th March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) *(V, EF)*	Sausage Plait *(DF)*	Cottage Pie *(GF, EF)*	Beef Meatballs in Tomato Sauce *(GF, DF, EF)*	Chicken Nuggets *(DF, EF)*
Mild Mexican Chilli Loaded Hash Browns *(VG, GF)*	Crispy Veggie Dippers *(VG)*	Veggie Cottage Pie *(V, EF, GF)*	Veggie Meatballs in Tomato Sauce *(VG, GF)*	Veggie Samosa's *(VG)*
Wholemeal Egg Mayo Sandwich *(V, DF)*	Baked Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)*	Wholemeal Cheese & Tomato Sandwich *(V, EF)*	Baked Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)*	Breaded Salmon Wrap with Mayo & Lettuce *(EF, DF)*
Sweetcorn & Baked Beans	Oven Baked Potato Wedges Peas & Carrots	Cauliflower & Vegetable Medley	Pasta, Sweetcorn & Carrots	French Fries or Pasta Baked Beans or Peas
Vanilla Oat Traybake *(V)*	Shortbread *(V, EF, DF)* with an Orange Wedge	Crunchy Cornflake Cookie (V, EF, DF)	Cinnamon Swirl Sponge *(V, DF)*	Strawberry Jelly *(V, GF, DF, EF)* with Peaches

WEEK THREE Week Commencing: 16th Nov, 7th Dec, 11th Jan, 1st Feb, 1st March, 22nd March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) (V, EF)	Pork Sausages with Gravy *(DF, EF)*	Roast Chicken Breast *(GF, EF, DF)*	Beef Bolognaise with Twisty Pasta *(DF, EF)*	Flipper Dippers *(DF, EF)*
Spinach & Potato Curry with Rice *(VG)*	Veggie Sausage with Gravy *(VG, GF)*	Vegetarian Quorn Roast *(V, GF)*	Veggie Bolognaise with Twisty Pasta *(VG,)*	Pizza Pinwheel *(V, EF)*
Cheese & Cucumber Wrap *(V, EF)*	Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)*	Tuna & Sweetcorn Pasta Salad *(DF, EF)*	Baked Jacket Potato with Cheese *(V, GF, EF)* or Baked Beans *(VG, GF)*	Wholemeal Egg Mayo & Lettuce Sandwich *(V, DF)*
Peas & Baked Beans	Mashed Potato, Cabbage & Carrots	Roast Potatoes & Yorkshire Pudding with Gravy Cauliflower & Green Beans	Carrots & Peas	Chips or Pasta Sweetcorn or Baked Beans
Melting Moment *(V, DF, EF)*	Rock Cake *(V)* with Melon	Lemon Oat Cookie *(V, EF, DF)*	Iced Sprinkle Cake (V, DF)	Vanilla Ice Cream *(V, GF, EF)* with Mandarins

Available Daily – Fresh bread, Salad Bar, and lots of Fresh water, as well as a choice of natural yoghurt, or fresh fruit as an alternative to dessert

Allergy advice – All our food is prepared in a kitchen where any of the 14 Allergens may be present, and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergeninformation is available from your school. Any fish we serve will vary depending on availability.

We only select fish from sustainable sources.

Suitable for vegetarians or vegetarian option available.

Our fish and chicken dishes may contain bones.

KEY:
V VEGETARIAN
VG VEGAN
EF EGG FREE
DF DAIRY FREE
GF GLUTEN FREE

OXFORDSHIRE COUNTY COUNCIL